# Role of the Commonwealth in Quality Oversight

Presentation to the Joint Commission on Health Care November 12, 1997 Randolph L. Gordon, MD, MPH State Health Commissioner

#### **Outline of This Presentation**

- n Introduction
- n Stakeholder study group
- n Study methods
- n Principal findings
- n Policy options spectrum
- n Recommendations

#### Introduction

- **n** Events leading up to study
- n Study mandate

# **Events Leading Up to Study**

- Joint Commission on Health Care report (1996) pursuant to SJR 67
  - Bureau of Insurance/Virginia Department of Health Memorandum of Agreement
- House Bill 2785
  - Requires JCHC/VDH to examine the complaint systems
  - Requests VDH to receive and respond to quality of managed care complaints
  - Requires VDH to examine the quality of health care services in HMOs

## **Study Mandate**

- Assess the sufficiency of public and private quality of care mechanisms for managed care
- Identify the appropriate role of the Commonwealth in monitoring managed care quality
- Identify the appropriate role of the Commonwealth in providing consumer information on managed care

## HB 2785 Study Group

- n Virginia Association of Health Maintenance Organizations
- n Virginia Hospital and Healthcare Association
- **n** Virginia Chamber of Commerce
- **n** The Medical Society of Virginia
- **n** Virginians for Patient Choice
- **n** Virginia Department of Health
- **n** Virginia Department of Health Professions
- **n** State Corporation Commission Bureau of Insurance
- **n** Virginia Department of Medical Assistance Services

# **Study Methods**

- **n** Examine managed care QA plans
- **Examine managed care grievance procedures**
- **n** Examine reported complaints
- n Survey of Insurance Co. experience with Chapter 54
- **n Interviews with Other States**
- **n** Focused round tables
- **n** Consumer awareness survey
- **n** Review existing laws and regulations
- **n** Review private accreditation standards

# **Principal Findings of the Study**

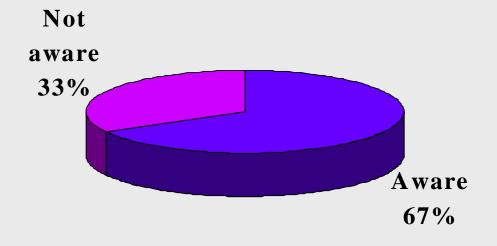
- n Federal oversight of selected plans complicates the regulatory picture
- Private sector accreditation contributes to quality

## Principal Findings (cont'd.)

n Consumers and providers need better information about quality protections already in place

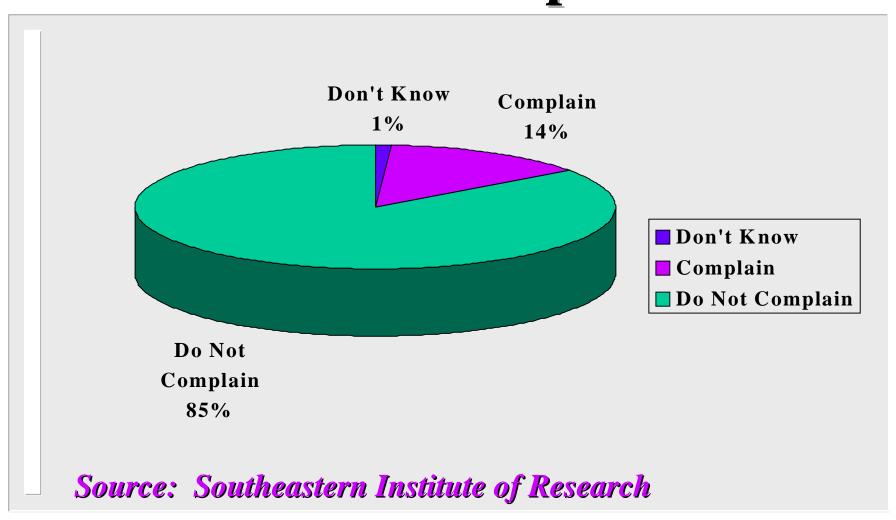
#### Consumer Awareness Survey (N=1009)



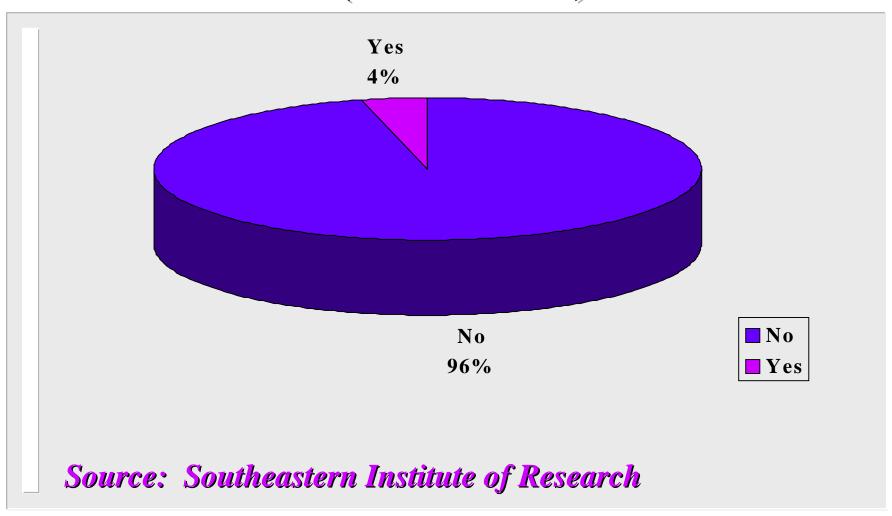


Source: Southeastern Institute of Research

# Consumers Who Make a Verbal Complaint



# Written Grievance Experience (N = 1009)

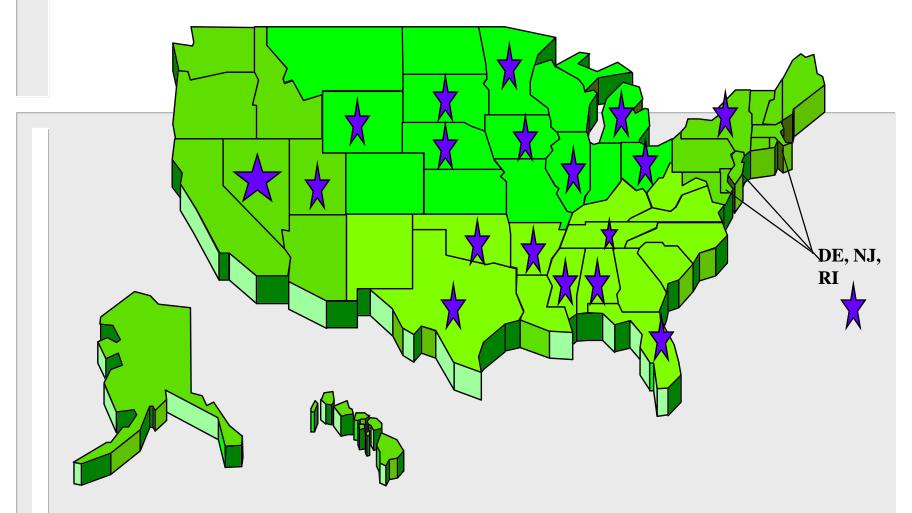


# Principal Findings (cont'd.)

- Health Commissioner lacks regulatory guidance to carry out Code requirements related to quality oversight
- Utilization review appeals protections in Chapter54 of Title 38.2 are underutilized
- Monitoring of enrollee complaints across the industry is hampered by lack of standard definitions

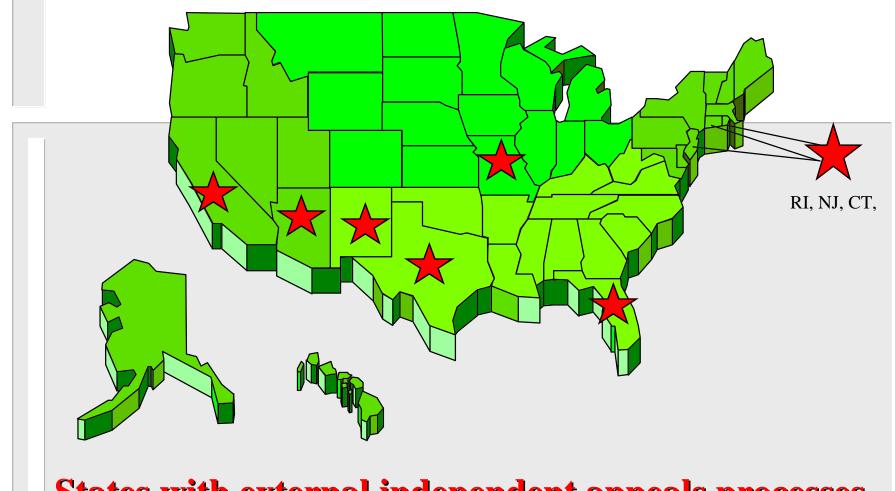
## Principal Findings (cont'd.)

- n Department Of Health enforces compliance with state quality standards in 21 states
- n Department Of Health monitors UR in 18 states



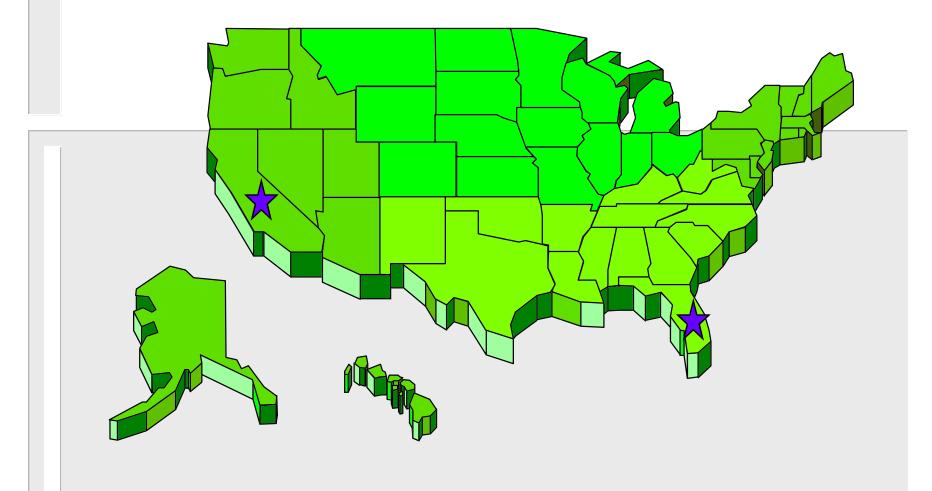
States where the Dept. of Health monitors HMO or MCO compliance with the state's QA standards.

Source: National Academy for State Health Policy



States with external independent appeals processes

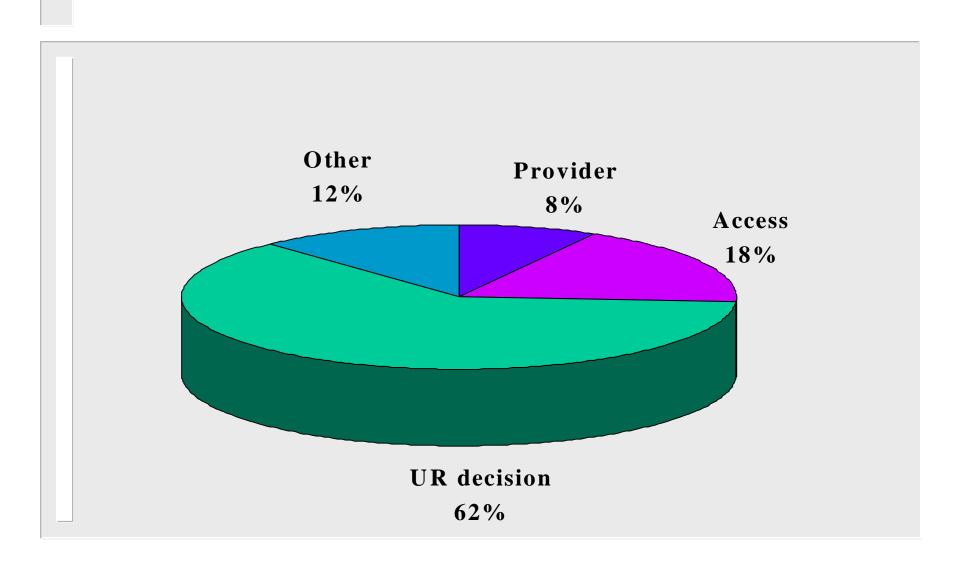
Source: Families USA



States that have an ombudsman

Source: Families, USA

#### Complaints Received, by Type (N=84)



# REQUIREMENTS IMPOSED ON HMOs COMPARED TO OTHER MCOs

Description of Statute/Regulation	Applies to HMOs Only	Applies to all MCOs
Review of the quality of organization by Health Commission	X	
Suspension or Revocation of license if unable to give quality health care or fails to implement a complaint system	X	
Requirement of QA Plan	X	
Requirement for Complaint System	X	
Standards of Access to Care	X	
Consumer Involvement Required	X	

# OPTIONS & RECOMMENDATIONS

### Policy Options Spectrum

Most **Prescriptive** Least **Prescriptive** 

- Adjudication of individual complaints
- External, independent UR appeals
- Mandatory UR credentialing
- Legislated access criteria
- Certification of compliance with quality standards
- Systems-level complaint investigations
- •Systems-level grievance and appeals oversight
- Reporting of provider disciplinary actions
- Voluntary provider credentialing
- Voluntary accreditation
- Voluntary Performance & satisfaction reporting
- Consumer/Provider education
- Internal plan protections only

#### Recommendations

- n Request authority for Board Of Health to promulgate regulations to establish a certification process for MCOs
  - Rationale: VDH lacks authority to conduct examinations and enforce sanctions for noncompliance; no state standards for quality

#### Recommendations (cont'd.)

- n VDH to facilitate educational effort with private partners and enrollees
  - Rationale: Preliminary review of complaints, consumer and provider focus groups, consumer awareness survey

#### Recommendations (cont'd.)

- Transfer authority for Chapter 54 of Title 32.1 to VDH and authorize systems-level regulatory authority
  - Rationale: VDH is most appropriate agency to oversee adequacy of medical necessity criteria
- n Amend Chapter 54 to require disclosure of appeals process in Evidence Of Coverage and/or at the time of denial
  - Rationale: Improve Consumer Awareness

#### Recommendations (cont'd)

- n VDH's health data contractor to develop health plan identifiers for hospital inpatient data
  - Rationale: Improved ability to track health data

#### Recommendations (cont'd.)

- n Develop standard definitions & classification scheme for quality complaints
  - Rationale: Necessary to monitor complaints, grievances, and appeals
- Require MCOs to report provider disciplinary actions to Dept. of Health Professions
  - Rationale: Necessary to assure high quality practitioners and currently required by hospitals and VDH

#### Recommendations (cont'd)

- n Support conclusions of study pursuant to HJR 611
  - Rationale: Promote a level playing field
- n Expand membership of State Board of Health
  - Rationale: Represent MCOs on the Board of Health

#### Recommendations (cont'd.)

- n Against continuing or codifying the current MOA between VDH and SCC/BOI (at this time)
  - Rationale: MOA cannot create authority for the VDH that does not already exist for SCC
- n Against establishment of an ombudsman
  - Rationale:
    - **n Poses conflicts of interest**
    - n A study option proposes VDH to assume more educational duties
    - n Costly

#### Recommendations (cont'd.)

- Against establishment of an independent
   & external appeals process
  - Rationale:
    - n Recommended Transfer of oversight of Chapter 54 to VDH
    - **n** Complicated by ERISA
    - Monitor existing provision for independent impartial reviews of appeals
    - n Chapter 54 meets or exceeds private standards

#### Visit our Website!!!!

- To view the final report and all its appendices, visit the VDH website at www.vdh.state.va.us
  - select Initiatives
  - select HB 2785
  - select link directly to HB 2785 Study